












# RubyTuesday

## MENU GUIDE FEBRUARY 2010

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# **EAT SMART AND LIVE WELL**

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Eating at Ruby Tuesday is all about having a choice, with a menu that offers a wide variety of delicious decisions, including many Smart Eating dishes that are lower in calories, fat, or carbohydrates.

Because many of our guests want to know more about the food we serve, we have created this menu guide. It has information about calories and other nutritional measures, along with an indication of which menu choices might affect those with various allergies or sensitivities to foods. As our recipes and ingredients change, we will update this information. We hope you find it useful, and we welcome your feedback.

## **ONLINE NUTRITIONAL RESOURCES**

[www.mypyramid.com](http://www.mypyramid.com)

[www.fda.gov](http://www.fda.gov)

# **PLEASE READ THIS INFORMATION**

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**Note:** The \* on the menu denotes items that are cooked to order.

**Notice:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.

**Note:** Nutrition information does not include any side items or dipping sauces served on the side. Nutrition information is for one serving and is based on lab analysis of food products prepared in our test kitchen or by our suppliers. Due to food preparation techniques, amounts may vary. Ruby Tuesday strives to ensure that every guest has a great dining experience, and that includes those with special dietary needs and medical requirements. For this reason, we have prepared these menu options based on information obtained from our food suppliers. Every effort is made to keep this information current and accurate. However, ingredient changes may occur due to substitutions, preparation variation, and regional availability of products.

We encourage you to use these menu options as a tool to help you make your dining choices and not to the exclusion of professional medical advice tailored to your specific needs. We will update these online menus as our menu selections, ingredients, and / or preparation techniques change. Please visit our website often for the most current allergen / sensitivity information available. Limited time offers and weekend specials have not been included in these menu options.

These menus are developed from our system menu selections. Allergen information is not available online for those restaurants that are operating under a non-system (test or high volume) menu. Please consult a manager during your visit to determine if the restaurant is using a system or non-system (test / high volume) menu.

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Smart Eating Choices</b>				
Grilled Chicken Salad	503	27	3	5
Chicken Bella	417	14	1	9
Creole Catch	279	13	1	2
Grilled Chicken Wrap	443	16	2	40
New Orleans Seafood	407	23	1	3
Plain Grilled Chicken	260	3	0	0
Plain Grilled Petite Sirloin*	248	7	0	0
Plain Grilled Salmon	420	26	0	0
Plain Grilled Top Sirloin*	319	10	0	0
Turkey Burger Wrap	658	33	3	45
White Bean Chicken Chili	233	8	8	21
Fresh Steamed Broccoli	84	6	3	3
Lite Ranch Dressing	50	5	0	1
White Cheddar Mashed Potatoes	130	7	2	15
Baked Potato - Plain	282	2	10	46
Creamy Mashed Cauliflower	136	8	5	9
Sugar Snap Peas	113	6	3	6
Brown-Rice Pilaf	226	7	2	33
Sauteed Baby Portabella Mushrooms	98	4	0	10
<b>Appetizers</b> per serving (w/4 serving per item)				
Asian Dumplings	114	5	1	11
Asian Sesame Wings	190	10	1	5
Beef Queso Dip	378	24	3	28
Boston Barbecue Wings	167	7	1	6
Buffalo Shrimp	126	6	1	11
Cheddar Fries	335	20	3	25
Chicken Strips - Boston Barbecue	169	8	0	14
Chicken Strips - Buffalo	168	9	1	10
Chicken Strips - Thai Phoon	233	16	0	10
Chicken Strips - Traditional	148	8	0	9
Dip Trio	467	33	8	27
Fire Wings	159	9	1	1
Four Way Sampler	354	20	2	20
Fresh Guacamole Dip	359	24	9	22

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
Fried Mozzarella	182	11	2	11
Jumbo Lump Crab Cake	68	4	1	3
Pimento Cheese Dip	284	20	2	16
Queso Dip	317	20	3	26
Southwestern Spring Rolls	173	10	1	14
Spinach Artichoke Dip	310	19	3	23
Thai Phoon Shrimp	191	13	1	11
Wing Sampler	232	12	1	6
<b>Quesadillas</b>				
Buffalo Shrimp Quesadilla	1465	89	7	87
California Club Quesadilla	1364	91	6	42
Cheeseburger Quesadilla	1495	102	2	61
Chicken Quesadilla	1089	70	2	41
Fresh Avocado Quesadilla	1065	75	6	46
Southwestern Quesadilla	1574	107	4	68
<b>Salad Sensations</b>				
Asian Salmon Spinach Salad	638	29	9	35
Avocado Shrimp Salad	544	32	14	28
Carolina Chicken Salad	1151	70	10	48
Club House Salad	921	59	8	21
Santa Fe Chicken Salad	675	35	8	30
Southwestern Beef Salad	1133	81	10	48
<b>Combinations</b>				
Broccoli & Cheese Soup	302	22	1	15
Clam Chowder	318	20	1	17
White Bean Chicken Chili	233	8	8	21
Buffalo Chicken Minis	623	28	5	54
Crab Cake Minis	616	32	6	50
Pimento Cheese Sandwich Minis	670	45	3	43
Pimento Cheeseburger Minis	880	63	2	39
Ruby Minis	755	52	2	38
Salmon Cake Minis	665	38	5	47
Turkey Minis	567	33	3	40
Veggie Minis	690	32	3	82

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Premium Seafood</b>				
Asian Glazed Salmon	599	41	1	9
Chesapeake Catch	501	30	2	8
Crab Cake Dinner	271	17	3	10
Salmon Florentine	776	56	3	9
Lobster Ravioli	883	55	5	57
Creole Catch	279	13	1	2
Herb Crusted Tilapia	402	24	2	9
New Orleans Seafood	407	23	1	3
Parmesan Shrimp Pasta	1214	66	5	94
<b>Specialties</b>				
Chicken & Broccoli Pasta	1628	103	7	95
Chicken Bella	417	14	1	9
Chicken Fresco	437	18	1	9
Chicken Florentine	520	22	3	9
Barbecue Grilled Chicken	310	3	0	11
Chicken Piccata	1673	101	9	113
Chicken Tender Dinner	591	31	2	36
Louisiana Fried Shrimp	423	17	2	38
Parmesan Chicken Pasta	1628	93	8	113
<b>Fork-Tender Ribs</b>				
Asian Sesame Glazed Full-Rack	1077	63	2	36
Asian Sesame Glazed Half-Rack	542	32	1	18
Classic Barbecue Full-Rack	970	47	0	51
Classic Barbecue Half-Rack	485	24	0	26
Memphis Dry Rub Full-Rack	920	58	0	12
Memphis Dry Rub Half-Rack	460	29	0	6
Ribs & Louisiana Fried Shrimp	908	41	2	64
Ribs, Wings & Shrimp	1034	50	2	53
Triple Play	1051	50	2	67
<b>Handcrafted Steaks</b>				
Cowboy Sirloin*	650	31	3	21
Peppercorn Mushroom Sirloin*	490	20	0	12
Petite Sirloin*	349	18	0	1
Rib Eye*	1098	94	0	1
Shrimp Scampi & Steak*	745	34	4	39
Steak (7 oz.)* & Lobster Tail	461	21	0	1
Top Sirloin*	419	20	0	1

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Handcrafted Burgers</b>				
Alpine Swiss Burger*	1401	99	4	68
Bacon Cheeseburger*	1402	103	4	64
Bison Bacon Cheeseburger*	1182	78	4	64
Boston Blue Burger*	1596	113	7	83
Brewmaster Burger*	1394	99	4	73
Classic Cheeseburger*	1342	98	4	64
Pimento Cheese Burger*	1432	106	4	64
Ruby's Classic Burger*	1272	92	4	63
Smokehouse Burger*	1611	114	5	86
Three Cheese Burger*	1502	111	4	64
<b>Premium Sandwiches</b>				
Avocado Turkey Burger	1234	81	6	62
Bella Turkey Burger	1126	69	4	67
Buffalo Chicken Burger	1127	67	5	74
Chicken BLT	1137	66	5	74
The Ultimate Chicken	1222	67	6	60
Turkey Burger	997	61	4	62
<b>Prime Burgers</b>				
Triple Prime Bacon Cheddar Burger*	1445	115	2	45
Triple Prime Burger*	1225	96	2	45
Triple Prime Cheddar Burger*	1385	110	2	45
Triple Prime Havarti Burger*	1465	116	2	45
<b>Signature Sides</b>				
Baked Potato - Plain	282	2	10	46
Baked Potato - with butter & sour cream	441	17	10	48
Creamy Mashed Cauliflower	136	8	5	9
Entrée Bread	140	7	1	14
Fresh Steamed Broccoli	84	6	3	3
Loaded Baked Potato	591	29	10	48
White Cheddar Mashed Potatoes	130	7	2	15
Onion Straws	298	21	4	20
Piping-Hot Fries	396	18	5	50
Brown-Rice Pilaf	226	7	2	33
Sauteed Baby Portabella Mushrooms	98	4	0	10
Sugar Snap Peas	113	6	3	6
Succotash	249	16	3	13

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Desserts</b>				
Berry Good Yogurt Parfait	139	4	1	20
Blondie for One	625	27	2	86
Blondie for Two	1053	44	3	148
Chocolate Chip Cookie - Mini (each)	80	4	1	10
Chocolate Chip Cookie (each)	320	15	2	40
Double Chocolate Cake	897	40	0	124
Italian Cream Cake	990	56	2	108
New York Cheesecake	736	60	2	82
White Chocolate Macadamia Nut Cookie - Mini (each)	85	5	0	10
White Chocolate Macadamia Nut Cookie	340	20	1	38
<b>Dressing &amp; Sauces (per ounce)</b>				
Asian BBQ Sauce	60	3	0	7
Asian Sesame Sauce	83	5	0	8
Balsamic Vinaigrette Dressing	35	3	0	4
BBQ Sauce	50	0	0	13
Blue Cheese Dressing	180	19	0	1
Boston BBQ Sauce	42	0	0	10
Caramel Sauce	100	0	0	25
Chocolate Sauce	120	3	1	21
French Dressing	120	11	0	6
Honey Mustard Dressing	90	8	0	5
Italian Dressing	60	6	0	2
Lemon Butter Sauce	88	9	0	1
Lite Ranch Dressing	50	5	0	1
Marinara Sauce	17	1	1	1
Orange Peanut Sauce	88	4	0	11
Parmesan Cream Sauce	64	6	0	2
Ranch Dressing	100	11	0	1
Salsa	10	0	0	1
Signature Parmesan Dressing	150	16	0	1
Sour Cream	35	2	0	3
Spicy Southwestern Ranch Dressing	111	12	0	1
Sweet Chile Sauce	170	17	0	2
Thousand Island Dressing	70	7	0	3

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Kids' Menu</b>				
Kids Butter Pasta		31	4	80
Kids Chicken Breast		2	0	1
Kids Chicken Tenders		18	1	22
Kids Mini Cookies	320	15	2	40
		32	0	1
Kids Fried Shrimp		9	1	19
Kids Grilled Cheese Minis		25	2	38
Kids Mac & Cheese		37	3	58
Kids Beef Minis	719	48	2	37
Kids Pasta Marinara		14	7	88
Kids Sundae		29	1	70
Kids Turkey Minis	552	32	2	37
<b>Zero Proof Beverages</b>				
Freshly Made Lemonade - Blackberry	190	0	2	46
Freshly Made Lemonade - Mixed Berry	190	0	1	46
Freshly Made Lemonade - Pomegranate	235	0	0	59
Freshly Made Lemonade - Raspberry	185	0	0	46
Freshly Made Lemonade - Strawberry	192	0	1	48
Handcrafted Fruit Tea - Blackberry	162	0	2	39
Handcrafted Fruit Tea - Mango	104	0	1	26
Handcrafted Fruit Tea - Mixed Berry	162	0	1	39
Handcrafted Fruit Tea - Peach	162	0	0	41
Handcrafted Fruit Tea - Raspberry	162	0	2	39
Peach Splash	162	0	0	39
POM Tea	114	0	0	29
RT Palmer	125	0	1	31
Tropical Sunrise	198	0	1	46

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Brunch Menu</b>				
Homestyle Biscuits	140	5	1	20
Berry Good Yogurt Parfait	139	4	1	20
Steak* & Eggs	1342	53	10	121
Cranapple Crepes	1251	41	12	196
Spinach & Mushroom Omelet	496	33	0	7
Western Omelet	628	45	1	5
Mini Benedicts - Crab Cake	625	40	5	33
Mini Benedicts - Crispy Southern Chicken	614	34	4	36
Mini Benedicts - Salmon Cake	674	46	4	30
Mini Benedicts - Steak	482	27	2	23
Mini Benedicts Trio	875	52	6	46
Pancakes	891	41	4	104
Sunrise Quesadilla - Bacon Avocado	1589	114	8	43
Sunrise Quesadilla - California Club	1704	115	8	44
Sunrise Quesadilla - Cheeseburger	1835	126	4	63
Kids Eggcellent Combo	170	12	1	1
Kids Patty Cakes	511	27	2	52
Chocolate Chip Mini Cookies (2 each)	160	8	1	20
Bacon Slices (5 each)	200	18	0	0
Grapes	52	0	1	13
Pancake Syrup (1 oz vol)	109	0	0	27
Seasoned Potatoes	420	24	5	40

MENU ITEM	NUTRITIONAL INFO			
	Calories	Fat	Fiber	Net Carb
	grams			
*These items are cooked to order				
<b>Feature Menu</b>				
Chesapeake Catch	501	30	2	8
Crispy Shrimp Sampler	894	48	4	68
Jumbo Lump Crab Cake	273	17	3	11
Lobster Carbonara	1605	101	7	99
Lobster New Orleans	617	42	1	4
Lobster Tail add-on	113	3	0	0
Lobster Tails entrée	225	7	0	0
New Orleans Seafood	407	23	1	3
Steak (7oz)* & Lobster Tail	461	21	0	1
Steak (9oz)* & Lobster Tail	532	23	0	1
Steak* & Lobster Mac 'n Cheese	986	55	2	33

\*These menu items are cooked to order

# SUGGESTED MENU ITEMS FOR EGG ALLERGY

## **APPETIZERS, QUESADILLAS & SALAD SENSATIONS**

Cheeseburger Quesadilla *(no sour cream, no salsa)*  
California Club Quesadilla *(no bacon, no sour cream, no salsa)*  
Fresh Avocado Quesadilla *(no sour cream, no salsa)*  
Chicken Quesadilla *(no sour cream, no salsa)*

**Create Your Own:** Endless Fresh Garden Bar

### **EGG FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, garbanzo beans, edamame, beets, sliced black olives, cranraisins, diced red peppers, feta cheese crumbles, sunflower seeds, diced ham, cottage cheese, saltine crackers*

### **EGG FREE DRESSINGS:**

*French, Italian, Balsamic Vinaigrette*

### **EGG FREE GARDEN BAR SALADS:**

*Cucumber Salad, Vegetable Salad*

Asian Salmon Salad *(no eggs, no sesame-peanut dressing)*  
Sante Fe Chicken Salad *(no spicy southwestern ranch dressing)*  
Avocado Shrimp Salad *(no avocado ranch dressing)*  
Club House Salad *(no bacon, no croutons)*  
Southwestern Beef Salad *(no tortilla chips, no spicy southwestern ranch dressing)*

## **COMBINATIONS**

Ruby Minis *(no french fries, no sauce for minis, no Ruby's mayonnaise, no cheese, no pickle, no soup)*

## **HANDCRAFTED BURGERS**

*(no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger  
Boston Blue Burger *(also no onion straws, no Boston barbecue sauce)*  
Alpine Swiss Burger  
Bison Bacon Cheeseburger *(also no bacon, no cheese)*

## **PREMIUM SANDWICHES**

The Ultimate Chicken *(no bacon, no Ruby's mayonnaise, no honey mustard dressing, no french fries)*

## **PRIME BURGERS**

*(no premium knot bun, can substitute golden bun, no french fries, no Ruby's mayonnaise)*

Triple Prime Burger  
Triple Prime Cheddar Burger  
Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no onion straws, no mashed potatoes, no sour cream on baked potato)*

Petite Sirloin (7 oz.)  
Rib Eye (12 oz.)  
Cowboy Sirloin (9 oz., also no Boston barbecue sauce)  
Top Sirloin (9 oz.)  
Peppercorn Mushroom Sirloin (9 oz., also no Parmesan cream sauce)  
Steak & Lobster Tail

## **SPECIALTIES**

Chicken & Broccoli Pasta *(no Parmesan cream sauce)*  
Barbecue Grilled Chicken *(no barbecue sauce, no succotash, no mashed potatoes)*  
Chicken Bella *(no Parmesan cream sauce, no mashed potatoes)*  
Chicken Fresco *(no lemon-butter sauce, no mashed potatoes)*



## **PREMIUM SEAFOOD**

Steak & Lobster Tail *(no mashed potatoes, no sour cream on baked potato)*

Asian Glazed Salmon *(no sesame-peanut sauce, no brown-rice pilaf)*

New Orleans Seafood *(no Parmesan cream sauce, no brown-rice pilaf)*

## **FORK-TENDER RIBS**

Memphis Dry Rub Ribs *(half rack / full rack, no sour cream on baked potato)*

## **SIGNATURE SIDES**

Sautéed Baby Portabella Mushrooms

Sugar Snap Peas

Fresh Steamed Broccoli

Baked Potato *(no sour cream)*

Loaded Baked Potato *(no sour cream, no bacon)*

## **KIDS' MENU**

Pasta Marinara *(pasta is egg free)*

Butter Pasta *(pasta is egg free)*

Chop Steak *(no mashed potatoes)*

Grilled Chicken

Beef Mini Burgers *(no cheese, no french fries)*

## **DESSERTS**

Berry Good Yogurt Parfait *(no granola)*

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# SUGGESTED MENU ITEMS FOR FISH ALLERGY

## **APPETIZERS, QUESADILLAS & SALAD SENSATIONS**

Fresh Guacamole Dip (no salsa)  
Chicken Strips (no Boston barbecue, no hot Buffalo (mild Buffalo only))  
Southwestern Spring Rolls (no spicy southwestern ranch dressing)  
Cheddar Fries (no bacon, no sour cream)  
Fire Wings (no hot Buffalo (mild Buffalo only))  
Cheeseburger Quesadilla (no sour cream, no salsa)  
California Club Quesadilla (no bacon, no sour cream, no salsa)  
Fresh Avocado Quesadilla (no sour cream, no salsa)  
Chicken Quesadilla (no sour cream, no salsa)  
**Create Your Own:** Endless Fresh Garden Bar

### **FISH FREE TOPPINGS:**

Green peas, shredded cheddar cheese, Parmesan cheese, garbanzo beans, diced eggs, edamame, beets, sliced black olives, cranraisins, diced red peppers, feta cheese crumbles, sunflower seeds, diced ham, cottage cheese, croutons, saltine crackers

### **FISH FREE DRESSINGS:**

Blue Cheese, Balsamic Vinaigrette, French, Italian, Honey Mustard, Lite Ranch, Ranch

### **FISH FREE GARDEN BAR SALADS:**

Cucumber Salad, Vegetable Salad

Sante Fe Chicken Salad (no spicy southwestern ranch dressing)  
Carolina Chicken Salad (no bacon)  
Avocado Shrimp Salad (no avocado ranch dressing)  
Club House Salad (no bacon)  
Southwestern Beef Salad (no spicy southwestern ranch dressing)

## **COMBINATIONS**

(no sauce for minis, no Ruby's mayonnaise, no pickle, no soup)  
Ruby Minis  
Buffalo Chicken Minis (also no hot Buffalo sauce (mild Buffalo only))

## **HANDCRAFTED BURGERS**

(no Ruby's mayonnaise, no pickle)  
Ruby's Classic Burger  
Classic Cheeseburger  
Boston Blue Burger (also no Boston barbecue sauce)  
Alpine Swiss Burger  
Three Cheese Burger  
Bison Bacon Cheeseburger (also no bacon)

## **PREMIUM SANDWICHES**

(no Ruby's mayonnaise, no pickle)  
Buffalo Chicken Burger (also no hot Buffalo (mild Buffalo only))  
Chicken BLT (also no bacon)  
The Ultimate Chicken (also no bacon)

## **PRIME BURGERS**

(no Ruby's mayonnaise)  
Triple Prime Burger  
Triple Prime Cheddar Burger  
Triple Prime Havarti Burger



## **HANDCRAFTED STEAKS**

*(no mashed potatoes, no sour cream on baked potato)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Cowboy Sirloin (9 oz., also no Boston barbecue sauce)

Top Sirloin (9 oz.)

Peppercorn Mushroom Sirloin (9 oz., also no Parmesan cream sauce)

Steak & Lobster Tail

## **FORK-TENDER RIBS**

*Memphis Dry Rub Ribs (half rack / full rack, no sour cream on baked potato)*

## **SPECIALTIES**

*Parmesan Chicken Pasta (no Parmesan cream sauce)*

*Chicken & Broccoli Pasta (no Parmesan cream sauce)*

*Chicken Tenders (no mashed potatoes)*

*Barbecue Grilled Chicken (no barbecue sauce, no succotash, no mashed potatoes)*

*Chicken Bella (no Parmesan cream sauce, no mashed potatoes)*

*Chicken Fresco (no lemon-butter sauce, no mashed potatoes)*

## **PREMIUM SEAFOOD**

*Parmesan Shrimp Pasta (no Parmesan cream sauce)*

*Steak & Lobster Tail (no mashed potatoes, no sour cream on baked potato)*

## **SIGNATURE SIDES**

Sautéed Baby Portabella Mushrooms

Sugar Snap Peas

Fresh Steamed Broccoli

Baked Potato *(no sour cream)*

Loaded Baked Potato *(no sour cream, no bacon)*

## **KIDS' MENU**

Pasta Marinara

Butter Pasta

Grilled Cheese Minis

Chicken Strips

Chop Steak *(no mashed potatoes)*

Grilled Chicken

Beef Mini Burgers

## **DESSERTS**

Italian Cream Cake

New York Cheesecake

Berry Good Yogurt Parfait *(no granola)*

Gourmet Chocolate Chip Cookies



## **BRUNCH**

Biscuits  
Berry Good Yogurt Parfait (*no granola*)  
Steak & Eggs (*no caramel sauce on crêpe*)  
Cranapple Crêpes (*no caramel sauce, no whipped topping*)  
Spinach & Mushroom Omelet (*no seasoned potatoes*)  
Western Omelet (*no seasoned potatoes*)  
Mini Benedicts – Steak (*no seasoned potatoes*)  
Mini Benedicts – Crispy Southern Chicken (*no seasoned potatoes*)  
Sunrise Quesadilla – Bacon Avocado (*no bacon, no sour cream, no salsa*)  
Sunrise Quesadilla – California Club (*no bacon, no sour cream, no salsa*)  
Sunrise Quesadilla – Cheeseburger (*no sour cream, no salsa*)  
Gourmet Mini Chocolate Chip Cookies

## **KIDS' BRUNCH**

Biscuits  
Eggcellent Combo (*no bacon, no seasoned potatoes*)  
Patty Cakes (*no bacon*)  
Gourmet Mini Chocolate Chip Cookies

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# SUGGESTED MENU ITEMS FOR GLUTEN SENSITIVITY / WHEAT ALLERGY

## **APPETIZERS, QUESADILLA & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **GLUTEN/WHEAT FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, diced ham, diced eggs, edamame, garbanzo beans, cottage cheese, cranraisins, diced red peppers, feta cheese crumbles, beets, sliced black olives*

### **GLUTEN/WHEAT FREE DRESSINGS:**

*French, Italian, Balsamic Vinaigrette, Honey Mustard*

### **GLUTEN/WHEAT FREE GARDEN BAR SALADS:**

*Cucumber Salad, Premium Green Bean Salad*

Asian Salmon Spinach Salad *(no wonton strips, no sesame-peanut dressing)*

Avocado Shrimp Salad *(no wonton strips, no avocado ranch dressing)*

Southwestern Beef Salad *(no tortilla chips, no southwestern ranch dressing)*

## **HANDCRAFTED BURGERS**

*(no bun, no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger

Classic Cheeseburger

Boston Blue Burger *(also no Boston barbecue sauce, no onion straws)*

Alpine Swiss Burger

Three Cheese Burger

Bison Bacon Cheeseburger *(also no bacon)*

## **PREMIUM SANDWICHES**

The Ultimate Chicken *(no bun, no Ruby's mayonnaise, no bacon, no french fries)*

## **PRIME BURGERS**

*(no bun, no french fries, no Ruby's mayonnaise)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no onion straws, no mashed potatoes, no sour cream on baked potato)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Cowboy Sirloin (9 oz., *also no Boston barbecue sauce*)

Top Sirloin (9 oz.)

Peppercorn Mushroom Sirloin (9 oz., *also no Parmesan cream sauce*)

Steak & Lobster Tail

## **FORK-TENDER RIBS**

Memphis Dry Rub Ribs *(half rack / full-rack, no mashed potatoes, no sour cream on baked potato)*

## **SPECIALTIES**

Barbecue Grilled Chicken *(no barbecue sauce, no succotash, no mashed potatoes)*

Chicken Bella *(no Parmesan cream sauce, no mashed potatoes)*

Chicken Fresco *(no lemon-butter sauce, no mashed potatoes)*

## **PREMIUM SEAFOOD**

Steak & Lobster Tail *(no mashed potatoes, no sour cream on baked potato)*

Asian Glazed Salmon *(no sesame-peanut sauce, no brown-rice pilaf)*

New Orleans Seafood *(no Parmesan cream sauce, no brown-rice pilaf)*

GLUTEN / WHEAT

## **SIGNATURE SIDES**

Sautéed Baby Portabella Mushrooms  
Sugar Snap Peas  
Fresh Steamed Broccoli  
Baked Potato (*no sour cream*)

## **KIDS' MENU**

Beef Mini Burgers (*no bun, no french fries*)  
Chop Steak (*no mashed potatoes*)  
Grilled Chicken

## **DESSERTS**

Berry Good Yogurt Parfait (*no granola*)

## **BRUNCH**

(*no biscuits, no cookies*)

Berry Good Yogurt Parfait (*no granola*)  
Steak & Eggs (*no crêpe*)  
Spinach & Mushroom Omelet (*no seasoned potatoes*)  
Western Omelet (*no seasoned potatoes*)  
Mini Benedicts – steak (*no bun, no seasoned potatoes*)

## **KIDS' BRUNCH**

(*no biscuits, no cookies*)

Eggcellent Combo (*no bacon, no seasoned potatoes*)

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WHEAT  
GLUTEN

# SUGGESTED MENU ITEMS FOR MILK ALLERGY

## **APPETIZERS, QUESADILLAS & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **MILK FREE TOPPINGS:**

*Green peas, diced ham, diced eggs, edamame, garbanzo beans, cranraisins, beets, sliced black olives, diced red peppers, saltine crackers*

### **MILK FREE DRESSINGS:**

*Balsamic Vinaigrette, French, Honey Mustard*

Asian Salmon Spinach Salad (no sesame-peanut dressing)

Avocado Shrimp Salad (*no Parmesan cheese, no avocado ranch dressing*)

Club House Salad (*no cheddar cheese, no bacon, no avocado ranch dressing, no croutons*)

Southwestern Beef Salad (*no cheddar cheese, no tortilla chips, no spicy southwestern ranch dressing*)

## **COMBINATIONS**

Ruby Minis (*no sauce for minis, no Ruby's mayonnaise, no pickle, no cheese, no french fries, no soup*)

## **HANDCRAFTED BURGERS**

(*no Ruby's mayonnaise, no pickle, no french fries*)

Ruby's Classic Burger

Bison Bacon Cheeseburger (*also no cheese, no bacon*)

## **PREMIUM SANDWICHES**

The Ultimate Chicken (*no pretzel roll (can substitute golden bun), no cheese, no bacon, no Ruby's mayonnaise, no french fries*)

## **PRIME BURGERS**

Triple Prime Burger (*no premium knot roll (can substitute golden bun), no Ruby's mayonnaise, no french fries,*)

## **HANDCRAFTED STEAKS**

(*no seasoned steak butter, no onion straws, no seasoned liquid margarine on broccoli, no mashed potatoes, no sour cream or butter on baked potato*)

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Top Sirloin (9 oz.)

Steak & Lobster Tail (*also no lobster butter*)

## **SPECIALTIES**

Barbecue Grilled Chicken (*no barbecue sauce, no succotash, no mashed potatoes*)

Chicken Fresco (*no lemon-butter sauce, no seasoned liquid margarine on broccoli, no mashed potatoes*)

## **PREMIUM SEAFOOD**

Steak & Lobster Tail (*no seasoned steak butter, no lobster butter, no mashed potatoes, no sour cream or butter on baked potato*)

Asian Glazed Salmon (*no sesame-peanut sauce, no brown-rice pilaf, no seasoned liquid margarine on sugar snap peas*)

New Orleans Seafood (*no Parmesan cream sauce, no brown-rice pilaf, no seasoned liquid margarine on broccoli*)

## **SIGNATURE SIDES**

Sugar Snap Peas (*no seasoned liquid margarine*)

Fresh Steamed Broccoli (*no seasoned liquid margarine*)

Baked Potato (*no butter, no sour cream*)

## **KIDS' MENU**

Pasta Marinara

Butter Pasta (*this item is made with liquid margarine that does not contain a milk ingredient*)

Beef Mini Burgers (*no cheese, no French fries*)

Grilled Chicken

Chop Steak (*no mashed potatoes*)

## **BRUNCH**

*(no biscuits, no cookies)*

Steak & Eggs *(no cheese in eggs, no crêpe, no syrup)*

Spinach & Mushroom Omelet *(no cheese, no seasoned potatoes)*

Western Omelet *(no cheese, no seasoned potatoes)*

Mini Benedicts – Steak *(no cheese in eggs, no Hollandaise sauce, no seasoned potatoes)*

## **KIDS' BRUNCH**

*(no biscuits, no cookies)*

Eggscellent Combo *(no cheese in eggs, no bacon, no seasoned potatoes)*

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# SUGGESTED MENU ITEMS FOR MSG SENSITIVITY

## **APPETIZERS, QUESADILLA & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **MSG FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, feta cheese crumbles, cottage cheese, diced eggs, edamame, garbanzo beans, beets, sliced black olives*

### **MSG FREE DRESSINGS:**

*French, Honey Mustard, Balsamic Vinaigrette*

Asian Salmon Spinach Salad *(no sesame-peanut dressing)*

Sante Fe Chicken Salad *(no spicy southwestern ranch dressing)*

Club House Salad *(no bacon, no croutons, no ranch dressing)*

## **HANDCRAFTED BURGERS**

*(no bun, no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger

Classic Cheeseburger

Boston Blue Burger *(also no onion straws, no Boston barbecue sauce)*

Alpine Swiss Burger *(also no sautéed baby bellas)*

Three Cheese Burger

Bison Bacon Cheeseburger *(also no bacon)*

## **PREMIUM SANDWICHES**

*The Ultimate Chicken (no bun, no pickle, no bacon, no french fries, no Ruby's mayonnaise)*

## **PRIME BURGERS**

*(no bun, no french fries, no Ruby's mayonnaise)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no onion straws, no seasoned steak butter, no seasoned liquid margarine on broccoli, no mashed potatoes, no baked potato)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Top Sirloin (9 oz.)

Steak & Lobster Tail

## **SPECIALTIES**

Chicken & Broccoli Pasta *(no seasoned liquid margarine on broccoli, no Parmesan cream sauce)*

Barbecue Grilled Chicken *(no barbecue sauce, no succotash, no mashed potatoes)*

Chicken Fresco *(no seasoned liquid margarine on broccoli, no lemon-butter sauce, no mashed potatoes)*

## **PREMIUM SEAFOOD**

Steak & Lobster Tail *(no mashed potatoes, no baked potato)*

Asian Glazed Salmon *(no sesame-peanut sauce, no brown-rice pilaf)*

## **SIGNATURE SIDES**

Sugar Snap Peas *(no seasoned liquid margarine)*

Fresh Steamed Broccoli *(no seasoned liquid margarine)*

## **KIDS' MENU**

Chop Steak *(no mashed potatoes)*

Grilled Chicken *(no seasoned liquid margarine on broccoli)*

Beef Minis Burgers *(no bun, no french fries)*



## **DESSERTS**

Berry Good Yogurt Parfait (*no granola*)

## **BRUNCH**

(*no biscuits, no cookies*)

Berry Good Yogurt Parfait (*no granola*)

Cranapple Crêpes (*no caramel sauce, no whipped topping*)

Mini Benedicts – Steak (*no eggs, no bun, no seasoned potatoes*)

**NOTE ABOUT MSG:** *The menu items as suggested above do not have any added Monosodium Glutamate (MSG) or processed free glutamic acid. There are certain foods that naturally contain bound and free glutamate/glutamic acid. These foods include, but are not limited to milk, eggs, beef, fish, chicken, potatoes, corn, tomatoes, broccoli, mushrooms, peas, grape juice, tomato juice, soy sauce, and Parmesan cheese.*

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MSG

# SUGGESTED MENU ITEMS FOR PEANUT / TREE NUT ALLERGY

## **APPETIZERS, QUESADILLAS & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **PEANUT/TREE NUT FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, diced ham, diced eggs, edamame, garbanzo beans, cottage cheese, cranraisins, feta cheese crumbles, beets, sliced black olives, diced red peppers, saltine crackers*

### **PEANUT/TREE NUT FREE DRESSINGS:**

*French, Italian, Balsamic Vinaigrette, Blue Cheese, Honey Mustard, Lite Ranch, Ranch*

### **PEANUT/TREE NUT FREE GARDEN BAR SALADS:**

*Cucumber Salad*

*Asian Salmon Spinach Salad (no sesame-peanut dressing)*

*Sante Fe Chicken Salad (no spicy southwestern ranch dressing)*

*Avocado Shrimp Salad (no avocado ranch dressing)*

*Southwestern Beef Salad (no tortilla chips, no spicy southwestern ranch dressing)*

*Club House Salad (no bacon, no croutons)*

## **COMBINATIONS**

*Ruby Minis (no french fries, no sauce for minis, no Ruby's mayonnaise, no pickle, no soup)*

## **HANDCRAFTED BURGERS**

*(no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger

Classic Cheeseburger

Boston Blue Burger *(also no Boston barbecue sauce, no onion straws)*

Alpine Swiss Burger

Three Cheese Burger

Bison Bacon Cheeseburger *(also no bacon)*

## **PREMIUM SANDWICHES**

*The Ultimate Chicken (no bacon, no french fries, no Ruby's mayonnaise)*

## **PRIME BURGERS**

*(no premium knot roll (can substitute golden bun), no french fries, no Ruby's mayonnaise)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no mashed potatoes, no onion straws, no sour cream on baked potato)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Cowboy Sirloin (9 oz., *also no Boston barbecue sauce*)

Top Sirloin (9 oz.)

Peppercorn Mushroom Sirloin (9 oz., *also no Parmesan cream sauce*)

Steak & Lobster Tail

## **FORK-TENDER RIBS**

*Memphis Dry Rub Ribs (half / full-rack, no sour cream on baked potato)*

## **SPECIALTIES**

*Chicken & Broccoli Pasta (no Parmesan cream sauce)*

*Barbecue Grilled Chicken (no barbecue sauce, no succotash, no mashed potatoes)*

*Chicken Bella (no Parmesan cream sauce, no mashed potatoes)*

*Chicken Fresco (no lemon-butter sauce, no mashed potatoes)*

PEANUT / TREE NUT

## **PREMIUM SEAFOOD**

Steak & Lobster Tail *(no mashed potatoes, no sour cream on baked potato)*  
Asian Glazed Salmon *(no sesame-peanut sauce, no brown-rice pilaf)*

## **SIGNATURE SIDES**

Sautéed Baby Portabella Mushrooms  
Sugar Snap Peas  
Fresh Steamed Broccoli  
Baked Potato *(no sour cream)*  
Loaded Baked Potato *(no sour cream, no bacon)*

## **KIDS' MENU**

Pasta Marinara  
Butter Pasta  
Macaroni & Cheese  
Grilled Cheese Minis *(no french fries)*  
Beef Mini Burgers *(no french fries)*  
Chop Steak *(no mashed potatoes)*  
Grilled Chicken

## **DESSERTS**

New York Cheesecake  
Berry Good Yogurt Parfait *(no granola)*  
Gourmet Chocolate Chip Cookies

## **BRUNCH**

Biscuits  
Berry Good Yogurt Parfait *(no granola)*  
Steak & Eggs *(no caramel sauce on crêpe)*  
Cranapple Crêpes *(no caramel sauce, no whipped topping)*  
Spinach & Mushroom Omelet *(no seasoned potatoes)*  
Western Omelet *(no seasoned potatoes)*  
Mini Benedicts – Steak *(no seasoned potatoes)*  
Sunrise Quesadilla – Bacon Avocado *(no bacon, no sour cream, no salsa)*  
Sunrise Quesadilla – California Club *(no bacon, no sour cream, no salsa)*  
Sunrise Quesadilla – Cheeseburger *(no sour cream, no salsa)*  
Gourmet Mini Chocolate Chip Cookies

## **KIDS' BRUNCH**

Biscuits  
Eggcellent Combo *(no bacon, no seasoned potatoes)*  
Patty Cakes *(no bacon)*  
Gourmet Mini Chocolate Chip Cookies

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# SUGGESTED MENU ITEMS FOR SHELLFISH ALLERGY

## **APPETIZERS, QUESADILLAS & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **SHELLFISH FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, diced ham, diced eggs, edamame, garbanzo beans, cottage cheese, cranraisins, diced red peppers, feta cheese crumbles, sunflower seeds, beets, sliced black olives, saltine crackers*

### **SHELLFISH FREE DRESSINGS:**

*Blue Cheese, Honey Mustard, Lite Ranch, Ranch, French, Italian, Balsamic Vinaigrette*

### **SHELLFISH FREE GARDEN BAR SALADS:**

*Cucumber Salad, Premium Green Bean Salad*

Asian Salmon Spinach Salad *(no sesame-peanut dressing)*

Sante Fe Chicken Salad *(no spicy southwestern ranch dressing)*

Club House Salad *(no bacon, no croutons)*

Southwestern Beef Salad *(no tortilla chips, no spicy southwestern ranch dressing)*

## **COMBINATIONS**

Ruby Minis *(no french fries, no sauce for minis, no Ruby's mayonnaise, no pickle, no soup)*

## **HANDCRAFTED BURGERS**

*(no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger

Classic Cheeseburger

Boston Blue Burger *(also no Boston barbecue sauce, no onion straws)*

Alpine Swiss Burger

Three Cheese Burger

Bison Bacon Cheeseburger *(also no bacon)*

## **PREMIUM SANDWICHES**

The Ultimate Chicken *(no bacon, no Ruby's mayonnaise, no french fries)*

## **PRIME BURGERS**

*(no premium knot roll (can substitute golden bun), no french fries, no Ruby's mayonnaise)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no mashed potatoes, no sour cream on baked potato, no onion straws)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Cowboy Sirloin (9 oz., *also no Boston barbecue sauce*)

Top Sirloin (9 oz.)

Peppercorn Mushroom Sirloin (9 oz., *also no Parmesan cream sauce*)

## **FORK-TENDER RIBS**

Memphis Dry Rub Ribs *(half / full-rack, no sour cream on baked potato)*

## **SPECIALTIES**

Chicken & Broccoli Pasta *(no Parmesan cream sauce)*

Barbecue Grilled Chicken *(no barbecue sauce, no succotash, no mashed potatoes)*

Chicken Bella *(no Parmesan cream sauce, no mashed potatoes)*

Chicken Fresco *(no lemon-butter sauce, no mashed potatoes)*

THE  
BEST  
FRESH  
MEATS

## **SIGNATURE SIDES**

Sautéed Baby Portabella Mushrooms  
Sugar Snap Peas  
Fresh Steamed Broccoli  
Baked Potato (*no sour cream*)  
Loaded Baked Potato (*no sour cream, no bacon*)

## **KIDS' MENU**

Pasta Marinara  
Butter Pasta  
Grilled Cheese Minis (*no french fries*)  
Beef Mini Burgers (*no french fries*)  
Chop Steak (*no mashed potatoes*)  
Grilled Chicken

## **DESSERTS**

Italian Cream Cake  
New York Cheesecake  
Berry Good Yogurt Parfait (*no granola*)  
Gourmet Chocolate Chip Cookies

## **BRUNCH**

Biscuits  
Berry Good Yogurt Parfait (*no granola*)  
Steak & Eggs (*no caramel sauce on crêpe*)  
Cranapple Crêpes (*no caramel sauce, no whipped topping*)  
Spinach & Mushroom Omelet (*no seasoned potatoes*)  
Western Omelet (*no seasoned potatoes*)  
Mini Benedicts – Steak (*no seasoned potatoes*)  
Sunrise Quesadilla – Bacon Avocado (*no bacon, no sour cream, no salsa*)  
Sunrise Quesadilla – California Club (*no bacon, no sour cream, no salsa*)  
Sunrise Quesadilla – Cheeseburger (*no sour cream, no salsa*)  
Gourmet Chocolate Chip Cookies

## **KIDS' BRUNCH**

Biscuits  
Eggcellent Combo (*no bacon, no seasoned potatoes*)  
Patty Cakes (*no bacon*)  
Gourmet Chocolate Chip Cookies

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# SUGGESTED MENU ITEMS FOR SOY ALLERGY

## **APPETIZERS, QUESADILLA & SALAD SENSATIONS**

Create Your Own: Endless Fresh Garden Bar

### **SOY FREE TOPPINGS:**

*Green peas, shredded cheddar cheese, Parmesan cheese, diced eggs, garbanzo beans, beets, sliced black olives, cranraisins, diced red peppers, feta cheese crumbles, sunflower seeds, diced ham*

### **SOY FREE DRESSINGS:**

*French, Italian, Balsamic Vinaigrette (all contain highly refined soybean oil)*

### **SOY FREE GARDEN BAR SALADS:**

*Cucumber Salad, Vegetable Salad (both contain highly refined soybean oil)*

Asian Salmon Spinach Salad *(no edamame, no sesame-peanut dressing)*

Southwestern Beef Salad *(no tortilla chips, no spicy southwestern ranch dressing)*

## **COMBINATIONS**

Ruby Minis *(no margarine on bun, no sauce for minis, no Ruby's mayonnaise, no pickle, no cheese, no french fries, no soup)*

## **HANDCRAFTED BURGERS**

*(no bun, no pickle, no french fries, no Ruby's mayonnaise)*

Ruby's Classic Burger

Bison Bacon Cheeseburger *(also no bacon, no cheese)*

## **PREMIUM SANDWICHES**

The Ultimate Chicken *(no bun, no cheese, no bacon, no Ruby's mayonnaise, no french fries)*

## **PRIME BURGERS**

*(no bun, no french fries, no Ruby's mayonnaise)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Havarti Burger

## **HANDCRAFTED STEAKS**

*(no onion straws, no seasoned steak butter, no seasoned liquid margarine on broccoli, no mashed potatoes, no sour cream on baked potato, note: baked potatoes are baked with highly refined soybean oil)*

Petite Sirloin (7 oz.)

Rib Eye (12 oz.)

Cowboy Sirloin (9 oz., also no Boston barbecue sauce)

Top Sirloin (9 oz.)

## **SIGNATURE SIDES**

Sugar Snap Peas *(no seasoned liquid margarine)*

Fresh Steamed Broccoli *(no seasoned liquid margarine)*

Baked Potato *(no sour cream, baked with highly refined soybean oil)*

## **KIDS' MENU**

Chop Steak *(no mashed potatoes)*

Grilled Chicken *(no seasoned liquid margarine on broccoli)*

Beef Mini Burgers *(no margarine on bun, no cheese, no french fries)*

## **BRUNCH**

*(no biscuits, no cookies)*

Steak & Eggs *(no crêpe)*

Mini Benedicts – Steak *(no margarine on bun, no Hollandaise sauce, no seasoned potatoes)*

## **KIDS' BRUNCH**

*(no biscuits, no cookies)*

Eggscellent Combo *(no bacon, no seasoned potatoes)*



**NOTE ABOUT SOY:** *Ingredients in the above menu items may contain highly refined soybean oil.*

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